

**DAVIS SCHOOL PERSONAL SAFETY**  
**GRADE TWO OVERVIEW OF LESSONS**

**LESSON ONE: INTRODUCTION TO PERSONAL SAFETY**  
**IDENTIFYING SAFE AND UNSAFE REQUESTS**

**OVERVIEW:** The purpose of this lesson is to establish a framework for later discussions about making decisions in difficult, unsafe or risky situations. In addition, this lesson continues to further explore the concepts of personal safety, trusting one's instincts, judgment and bribery.

**GOALS AND OBJECTIVES:** Further introduce students to various issues of personal safety and continue to strengthen students' decision-making abilities.

At the completion of this lesson students will demonstrate the ability to:

- Use the decision making process to assess personal safety risks.
- Understand personal safety issues related to contact with children and adults (i.e. parents, siblings, playmates, relatives, people of authority).
- Know the difference between safe and unsafe requests.
- Understand what makes a situation unsafe or risky.

**LESSON TWO: STRANGER MANAGEMENT**  
**ASSERTIVENESS SKILLS**

**OVERVIEW:** This lesson will allow students to understand and identify what makes someone a stranger. It will allow students to recognize and assess unsafe situations and understand the appropriate response and actions to take in potentially unsafe or dangerous situations. The students will strengthen their assertiveness skills and gain an understanding of personal safety steps.

**GOALS AND OBJECTIVES:** Distinguish between good strangers and bad strangers. Define acceptable interface with each. Develop assertive skills and an understanding of different ways of saying "NO."

At the completion of the lesson students will demonstrate the ability to:

- Identify and define strangers and types of strangers.
- Recognize the necessity of seeking help from strangers and how to determine the best person to approach.
- Say "NO" to unsafe requests.
- Say the safety steps in an assertive manner: **YELL "NO," GO, TELL.**

### **LESSON THREE: TOUCHING APPROPRIATE/INAPPROPRIATE**

**OVERVIEW:** This lesson will be used to explain the difference between touching that is appropriate and inappropriate. It will develop students' knowledge and understanding of touching that is appropriate and safe vs. touching that is inappropriate, confusing or unwanted. This lesson will clarify touching that is appropriate.

Confusing messages concerning touch can be countered by honest discussions of the feelings that touching creates. Children have the right to clarify confusing feelings and exercise some control over the way their bodies are touched. Children often receive the message that they don't have the right to talk about or control the touches they give and receive. Students will continue to understand the difference between a good/safe and bad/unsafe touch. They will be encouraged to tell trusted adults about inappropriate touching and unsafe secrets.

**GOALS AND OBJECTIVES:** Educate students on their right to privacy and strengthen their ability to distinguish between appropriate and inappropriate touching. In addition, students will learn when and who to tell that a confusing touch took place or unsafe secret was made.

At the completion of this lesson students will demonstrate the ability to:

- Identify safe/good touches and unsafe/confusing touches.
- Set limits with individuals they know or do not know, (i.e. parents, siblings, relatives, and persons of authority).
- Choose appropriate trusted adults for help.
- Talk about needs for privacy.
- Discuss what secrets should be told and how to tell them to a trusted adult.

The school counselor, Principal or Assistant Principal will attend the lesson on touching. This additional adult will observe students and assist students privately who exhibit sensitivity to the content.