## Bedford Public Schools Lane Elementary School Lunch Menu March 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 2 <br> 2 Home-style Waffles with Maple Syrup Sides: Bacon Baked Sweet Potato with Cinnamon and Brown Sugar Mixed Fruit | 3 <br> Deluxe Hamburger or Cheeseburger on WG Roll <br> Sides: <br> Oven Baked French Fries Lettuce, Tomato and Pickles Apple Crisp | 4 <br> Crispy Chicken Nuggets <br> Sides: <br> Mashed Potato Green Beans Soft Dinner Roll Peaches | 5 <br> Beef Tacos on Taco Boat Sides: <br> Salsa, Lettuce, Tomato \& Cheese Black Beans Blueberries | 6 <br> Cheese or Pepperoni Individual Pan Pizza <br> Sides: <br> Tossed Salad w/ Romaine \& Tomato Fresh Baked Sugar Cookie Pears |
| 9 <br> Chris P Chicken Filet Sandwich Sides: Broccoli <br> BBQ Vegetarian Beans Pears | 10 <br> Italian Style Pasta with Meatballs and Sauce <br> Sides: <br> Tossed Salad w/ Romaine \& Tomato <br> Strawberry Cup | 11 <br> All Beef Hot Dog on a WW Roll <br> Sides: <br> Oven Baked Sweet Potato <br> Fries <br> Vegetarian Beans Applesauce | 12 New Item! <br> Cheesy Pizza Crunchers Sides: <br> Caesar Salad Chocolate Cake Blueberries | 13 <br> Teacher Professional Day <br> Comments \& questions please call Ken @ 781-275-9129 <br> Mass Farm to School is Dairy this month! |
| 16 <br> Teriyaki Chicken <br> Dippers <br> Sides: <br> Stir Fry Vegetables Steamed Rice Fortune Cookie Mixed Fruit | 17 <br> South of the Border <br> Nachos with Beef and Cheese <br> Sides: <br> Caesar Salad <br> Mixed Fruit Cup | 18 <br> French Toast Sticks with Maple Syrup <br> Sides: <br> Sausage Links <br> Baked Potato Puffs Mixed Fruit | 19 <br> Two Pizza Sticks with Marinara Dipping Sauce <br> Sides: <br> Seasoned Green Beans <br> Roasted Chickpeas Pears <br> Pudding with Whipped Topping | 20 <br> WG French Bread Cheese(v) or <br> Pepperoni Pizza Sides: <br> Tossed Salad w/ Romaine <br> Strawberry Cup Fresh Baked Sugar Cookie |
| 23 <br> Asian Chicken with Orange Sauce Sides: <br> Stir Fry Veggies includes onion, broccoli and Carrots Chow Mein Noodles Applesauce | 24 <br> Rich's Mozzarella Sticks with or w/o Marinara <br> Sauce <br> Sides: <br> Steamed Broccoli <br> Bag of Mini Pretzels Apple Crisp | 25 <br> Chicken Tenders with Assorted Sauces Sides: <br> Spanish Rice Broccoli Trees Dinner Roll Strawberry Cup | 26 <br> Crispy Fish Sticks <br> Sides: <br> Oven Baked French Fries <br> Crunchy Carrots Sticks with or w/o Ranch Dip Peach Cup | 27 <br> WG French Bread Cheese(v) or Pepperoni Pizza Sides: <br> Tossed Salad w/ Romaine Fresh Pears |
| 30 <br> Everyone's Favorite Grilled Cheese on Whole Wheat Bread Sides: <br> Tomato Soup Cup Buttered Corn Niblets Apple Slices | 31 <br> Confetti Pancakes with or w/o Maple Syrup <br> Sides: <br> Scrambled Eggs 'Smile’ Fries Strawberry Cup |  | Alternate Main Item for Month <br> MTWF Bagel Fun Lunch, cream cheese with yogurt or string cheese \& Carrot Stick PB\&J Mon, Tues \& Wed: Chicken Caesar Salad with roll Thurs \& Fri: Garden Salad with Chicken and a roll | A lunch should consist of at least three different menu items, one item must be a vegetable or fruit. Items offered are a Main item (in bold), vegetable, fruit, milk and bread (grain) |

Lunch prices: Full \$2.70, Reduced price: $\$ .40$ \$1.25 for an additional entrée serving USDA is an equal opportunity employer

